



Rules and Regulations of hotel Fitness Centre

The Fitness centre / Gymnasium are intended for the exclusive use of in-house guests of **Opera Suite Hotel** and external users with member. No visitor is allowed to access and to use the equipment.

Opening Hours:

- The Gymnasium opens 24 hours daily.
- The Hotel reserves the right to suspend the use of any facilities at any time for the organization of private classes and activities or for the arrangement of maintenance or cleaning without prior notice.

Dress Code:

- All users should wear appropriate apparel and footwear to comply with the requirements of the Gymnasium, otherwise the access to and use of such facilities will be refused.

Access to Gym:

- The Gymnasium is for the entry and use of persons of the age of 16 or above only.
- Persons under 16 years of age must be accompanied by an adult to use the gym.
- Presence in the Fitness area is those limited using to the equipment. People who are not making use of the gym are not allowed in the area.
- The maximum number of people who can be in the gym is 8

General Rules and Regulations:

- Persons using the equipment in the Gymnasium are responsible for their own safety. They are advised to seek advice and assistance from our staff if necessary.
- Smoking, eating and drinking (except water) is prohibited in the Gymnasium at all times.
- For the safety of all users, please refrain from preventing or interfering others' use of the equipment in the Gymnasium.
- For the benefit of all, it is requested that you return equipment to the corresponding place when finished.
- Except for hotel's activities, no commercial or religious activities are allowed in the Gymnasium without prior approval from the Hotel.
- Private coaching, assessments and other related activities are not allowed in all venues without prior authorization from the Hotel.
- Please mute mobile phones and pagers while on Gym.
- Please do not speak loudly inside the Gym.
- The use of personal towel is required in order to avoid possible contagions and the deterioration of the machines. Once you have finished your session, leave the towel in the basket.
- In case of any doubt, complaints on using Gym equipment or equipment breakdowns, we requested that you immediately contact the Front Desk.
- Please handle the equipment in the Gymnasium with care. Users are responsible for any damages to the facilities or equipment.
- The Hotel Management will take no responsibility for the loss, theft or damage of belongings brought into the Gymnasium by users, out of personal lockers.
- All users are required to follow the instructions of the Hotel staff.
- The Hotel reserves the right to amend these rules and regulations without prior notice.
- Users are responsible for their own property and safety.
- The Hotel Management will not be responsible for any loss, injury or death of anyone using the facility.
- Failure to comply with the above rules may result in loss of gym privileges.

The Management